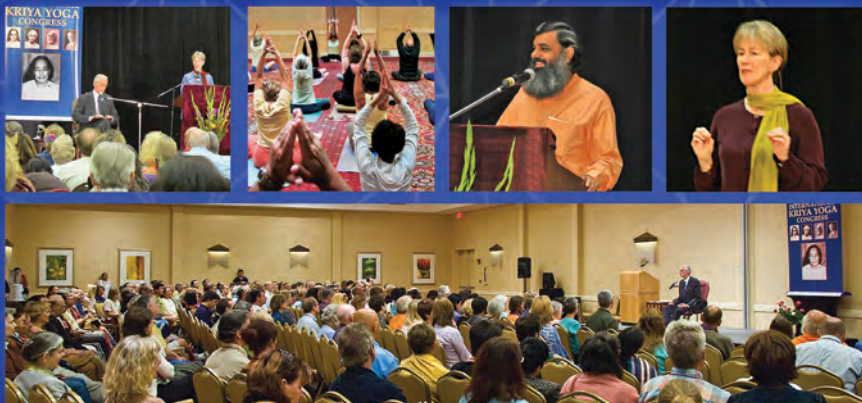


The Fourth International Kriya Yoga Congress



March 7-9, 2013
Holiday Inn, SJ Airport • San Jose, California



With Roy Eugene Davis
a direct disciple of Paramahansa Yogananda
And featured guest presenters



Sponsored by Center for Spiritual Awareness
and Center for Spiritual Enlightenment

Welcome to the Kriya Yoga Congress

Self-realization is the knowing—in body, mind, and soul—that we are one with the omnipresence of God; that God’s omnipresence is our omnipresence; that we are just as much a part of God now as we ever will be. All we have to do is improve our knowing.

—Paramahansa Yogananda

You are invited to join others from across the United States and throughout the world who will participate in the Fourth International Kriya Yoga Congress, an inspired gathering for spiritual insight and renewal. The Congress theme, “**Spiritual Enlightenment as Self-Revelation**”, is an invitation to live fully by naturally expressing our innate divine capacities.

The Congress program will offer an opportunity to learn the philosophical principles and practices of Kriya Yoga, experience the positive benefits of superconscious meditation and holistic wellness routines, and enjoy fellowship with others who are dedicated to this spiritual path.

Meditation Seminar with Roy Eugene Davis

Techniques and routines for all levels of practice, holistic lifestyle guidelines, and meditation practice sessions.

Kriya Initiation Service

New applicants must attend the two meditation seminar sessions with Mr. Davis. Local Kriya Yoga initiates who are not attending the full Congress may attend this service to review their meditation practices and renew their commitment to this spiritual path.

Special Presentations and Events

Reception with CSA and CSE ministers: interact with experienced Kriya Yoga teachers from the US and other countries.

Early Morning Quiet Meditation Sessions

- Devotional Chanting
- Optional Hatha Yoga Sessions
- Wellness and Ayurveda Workshop
- Vegetarian Banquet and Special Program on Saturday Evening
- Books and Free Literature Will be Available

This program is supported by the Center for Spiritual Awareness and Center for Spiritual Enlightenment centers in the United States, Canada, England, Germany, Italy and West Africa.

Program Schedule



Thursday, March 7

10 am – 1 pm

Registration and Orientation

1:30 – 2:30 pm

Congress Opening and Welcome:

Ellen Grace O'Brian, Roy Eugene Davis

3:30 – 5 pm

Open Reception with CSA and CSE ministers

7 pm – 9 pm

Ellen Grace O'Brian: The Transmission of Kriya Yoga

Teachings Through the Ages

Gitanjali: Devotional Chanting

Friday, March 8

6 – 6:30 am

Hatha Yoga

6:30 – 6:45 am

Chanting

6:45 – 7:15 am

Meditation

9 am – 11:30 am

Roy Eugene Davis: Meditation Seminar

1:30 – 3 pm

Cynthia Ambika Cople: Ayurveda Principles and Practices

3:30 – 5 pm

Philip Goldberg: How Indian Spirituality Influenced the West

7 – 9 pm

Patanjali's Yoga Sutras: Dr. Christopher Key Chapple

Saturday, March 9

6 – 6:30 am

Hatha Yoga

6:30 – 6:45 am

Chanting

6:30 – 7:15 am

Meditation

9 am – 11:30 am

Roy Eugene Davis: Meditation Seminar

1:30 – 3:30 pm

Kriya Initiation Service

6 pm

Banquet and Special Program

Sunday, March 10

9 or 11 am

You are invited to attend worship services at the
Center for Spiritual Enlightenment in San Jose

Congress Presenters

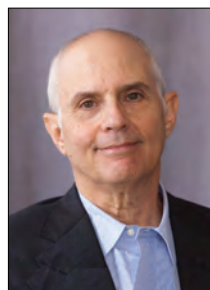


Ellen Grace O'Brian

A disciple of Roy Eugene Davis, ordained by him in 1982, spiritual director of the Center for Spiritual Enlightenment

Phillip Goldberg

An interfaith minister, founder of Spiritual Wellness and Healing Associates, and author of several books including: *American Veda: From Emerson and the Beatles to Yoga and Meditation*, *How Indian Spirituality Changed the West*



Cynthia Ambika Cople

Dean of Mount Madonna Institute College of Ayurveda and Director of Lotus Holistic Health Institute

Dr. Christopher Key Chapple

Navin and Pratima Doshi Professor of Indic and Comparative Theology at Loyola Marymount University, author of several books including: *Yoga and the Luminous: Patanjali's Spiritual Path to Freedom*



Plus CSA and CSE Ministers from the U.S. and other countries



Hatha Yoga instructors Kathy Bailey, Devin Sodt, devotional chanting group Gitanjali and the One Voice choir.

Congress Registration Form

Fourth International Kriya Yoga Congress
March 7-9, 2013

Do not donate now. Donations will be received at the Congress Kriya Initiation Service.
Prepay now only for banquet reservations.

Congress Registration and Banquet Reservations

Fill out the form and mail to CSE (address below) or register online
www.CSEcenter.org

Name: _____

Address: _____

Phone: _____ Email: _____

Names of others who will be with you: _____

Number of reservations for the vegetarian banquet: _____

(Mark before each person above who will attend the banquet.)

\$45 for each person. Total number of reservations: _____ Total \$ _____

Pay this banquet reservation with: Check Visa MasterCard

Credit Card # _____ Expiration date: ____ / ____

Name as listed on card: _____

Mark here if you will be staying at the Wyndham Hotel

Mark here if you will be commuting

Kriya initiate First time applicant

Center for Spiritual Enlightenment
1146 University Avenue
San Jose, California 95126
Phone: 408-283-0221 Fax: 408-283-1722
Email: info@CSEcenter.org

www.CSEcenter.org

Hotel Room Reservations



Holiday Inn, San Jose Airport
1350 North First Street
San Jose, California
1-408-453-6200 x3083 www.HolidayInn.com

4 minutes by taxi from the San Jose International Airport, 6 minutes from the Center for Spiritual Enlightenment

Includes free parking, complimentary San Jose airport shuttle to and from hotel, swimming pool, fitness center, high speed internet access in guest rooms, on site restaurant and room service dining, restaurant discount for Congress participants.

Single or double room: \$84 per day plus 14% occupancy tax and \$1.10 HBID fee per day.

Make your reservation directly with the hotel and indicate that you will be attending the Kriya Congress to ensure the special rate. Call the hotel at 1-800-538-6818 for reservations.

The special rate is good from March 4 through March 12, 2013. Hotel reservations must be made before February 2, 2013. After February 2, the Congress rate no longer applies and rooms are on a space-available basis.

Travel Directions

SJC - San Jose International Airport

Distance : 1.5 miles

Take the Skyport Blvd. exit out of the airport. Continue on Skyport Blvd. Turn right on North First Street. Hotel is at corner of First and Gish Streets.

SFO - San Francisco International Airport

Distance : 35 miles

Exit Airport to 101 southbound. Exit First Street; proceed south one mile. Hotel is on corner of North First and Gish



Center for Spiritual Awareness & Center for Spiritual Enlightenment Information

Center for Spiritual Awareness

Roy Eugene Davis, spiritual director. International headquarters on eleven secluded acres in the low mountains of northeast Georgia, 90 miles from Atlanta. Facilities include the meditation hall and dining room, Shrine of All Faiths Meditation Temple, library, bookstore, guest houses, offices, and CSA Press publishing department. Meditation retreats May to November.



Center for Spiritual Awareness

P.O. Box 7

Lakemont, Georgia 30552

Phone: 706-782-4723

Fax: 706-782-4560

Email: info@csa-davis.org

www.csa-davis.org

Center for Spiritual Enlightenment

Ellen Grace O'Brian, spiritual director. Situated in the Rose Garden area of San Jose, the CSE headquarters include meditation gardens, the Temple of the Eternal Way, several buildings which house classrooms, a meditation hall, bookstore and Meru Seminary. Regular worship services and spiritual practice classes for adults and youth are offered.



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Kriya Yoga Philosophy, Tradition, and Practice

Kriya Yoga is a concentrated approach to Self-discovery and spiritual enlightenment: complete awakening to full knowledge of the Infinite and of cosmic processes. It includes the most effective processes of all systems of yoga, with emphasis on wholesome, constructive living and superconscious meditation practice. The purpose of Kriya Yoga practice is to restore the practitioner's awareness to wholeness. This is accomplished by acquiring knowledge of one's true nature as a spiritual being; cultivating rational thinking, emotional balance, and physical health; purposeful living; and meditation.

Although Kriya Yoga has been known and practiced for centuries, it was Roy Eugene Davis' guru, Paramahansa Yogananda, who first emphasized it in the west. Yogananda traveled from India to America in 1920 and lectured, wrote, and trained disciples for 32 years before his passing in 1952. His best known book, *Autobiography of a Yogi*, is now published in multiple languages around the world.

Roy Eugene Davis, ordained by Paramahansa Yogananda in 1951, has taught spiritual growth processes for more than five decades in North and South America, Europe, West Africa, and India. The founder and director of Center for Spiritual Awareness, his books have been published in ten languages and in eleven countries.

