

## *YES Yoga Educational Seminars*

### *2007 Hatha Yoga Teacher Training 200-hour Program Overview & Requirements*

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#### **Program Overview and Requirements:**

*Upon successful completion of all aspects of the YES Teacher Training Program students receive a 'Certificate of Completion.' For those wishing to obtain an 'Introductory 200-hour Teaching Certificate,' additional hours of study are required. These additional hours are completed through a mentorship with an experienced local teacher, a supervised teaching practicum, and elective courses in asana, pranayama and meditation with YES faculty or other qualified instructors. The YES Yoga Teacher Training Program certificate is recognized by Yoga Alliance, a national registry developed to support professional standards for yoga instructors in the United States.*

#### **Prerequisites:**

*A minimum of 3 years regular practice hatha yoga or approval of YES director is required. Ongoing study with a teacher on a weekly or monthly basis is highly recommended. An ongoing daily meditation practice is also strongly encouraged.*

#### **Program Tuition: \$2,200**

*\$200 Non-refundable deposit due with application  
\$1,000 (50% of remaining tuition) due January 5, 2007  
\$1,000 (remaining tuition) due by February 14, 2007*

#### **Required Books:**

*Required Books: approx. \$100 (new books)  
Note: participants may receive a 20% discount from the Tree of Life Bookshop at CSE (the Center for Spiritual Enlightenment).*

#### **Certification Program & Related Fees:**

*Mentor Program Fee: \$200-\$300  
Elective Course / Practicum Fee: \$200-\$300*

#### **Make-up Fee:**

*A \$50/day fee will be assessed for any portion of the program that is missed and needs to be made up. Any missed sessions and make-ups must be pre-arranged with the program director.*